Committee Name: Sports Medicine Session #:

Committee Chair: Meg Carlson

Minutes recorded by: Sally Berry Date/time of meeting: 09/11/2016 7:00 PM EDT

Motions Passed:

1.

Number of committee members present: 5 Absent: 9 Number of other delegates present: 1

Committee members present (list all, including chair and vice chair): Meg Carlson, Sally Berry, Sally Guthrie, Skip Thompson, Jim Miller, Robin Tracy

Not present: Jane Moore, Jessica Seaton, Melinda Greig-Walker, Mary Pohlman, Tait Michael, Jane Katz, Claire Rudd, Laura Hamel, Cathy Fedako

Guests:

Minutes

The meeting was called to order at 7:05 EST

1. Roll Call

Jessica will be on the rules committee call

2. Review of 2016

Last meeting before the convention.

- Sports Medicine Blog Blogs have been posted mostly by Jessica Seaton for the year. Thank you Jessica.
- Transsexual eligibility task force Cathy, Jessica and Sally Guthrie from Sports Medicine Committee are on this task force. There was a discussion on the potential conflict of what was in the statement for the purpose of records. Sally Guthrie will check into the consistency of statement with regards to the following To hold a record the need for documentation by swimmer for surgical intervention vs chemical. Concern brought up as to the restrictiveness of the statement potential conflicting with USMS goals and IOC requirements. Jim Miller commented that if a medical change was documented by swimmer's physician, then statement should not matter if change is by surgical or chemical. Committee continued the discussion of possibly better wording of "chemical and or surgical". At this point, the discussion will be presented at the annual meeting in Atlanta.
- Dr. Tanaka's research study Has this been in the Streamlines yet? Have been working with National Office on this. Skip Thompson saw the article in the swimmer publication.
- Convention Presentation Cathy has been working with him on the convention logistics. We still don't have the presentation topic. Friday 12 noon- 1 PM.
- Nationals Booths The short course national booth went well. The long course had "hiccups". Due to race time changes and delay, the 30 minute presentation conflicted with events. Our booth was partially covered with positive response. Yoga had one session by Lisa Ward. However, she was also coaching, swimming and at the booth. There are ways to improve moving forward. The was discussion of having a person who is not competing at the booth as a good option in the future. Convention setting would be perfect setting for the previous schedule national presentation Incorporate Lisa into convention as a speaker to repeat. Another suggestion was to prepare earlier in the year. Pilates and yoga are still popular options.
- PSA project Since the committee was concerned with original PSA wording, the committee reworded and presented the suggestions to David. Cathy presented evidenced-based research supporting our requested changes and why they are needed when deciding on rewording. David adamant regarding his wording and the need to "instill fear" in order to encourage people to get checked out. We reaffirmed the position. Laura Hamel was going to discuss with David on this suggested positive approach to the PSA from a national office standpoint. There will not be any future action on this without the Sports Medicine Committee approval.
- Article 106 rule change request Call is going on simultaneously with our current meeting. Jessica Seaton is on that call.
- 3. Open Discussion -

Next meeting will be at Convention in Atlanta.

The meeting was adjourned at 7:42 PM